**Checkpoint 6:**

1. SURVEY HUMAN NEEDS (human basic needs, 36 questions):
   1. Variables name [starting at Excel sheet- #ALO]: study\_surv\_needs\_c5\_1\_c6, study\_surv\_needs\_c5\_2\_c6, study\_surv\_needs\_c5\_3\_c6, ……..,study\_surv\_needs\_c5\_36\_c6
   2. SCORING:
      1. Each answer has 3 values: 0, 5,10
      2. Add questions (sum) to 6 subscales (score between 0-60):
         1. Needs\_Certainty: questions: 3 – 10 – 13 – 19 – 24 – 28
         2. Needs \_Variety: questions: 4 – 5 – 12 -16 – 27 – 31
         3. Needs\_ Significance : questions: 1 – 9 – 15 – 23 – 26 – 34
         4. Needs\_Connection: questions: 2 – 8 – 17 – 20 – 25 – 32
         5. Needs\_Growth: questions: 6 – 18 – 21 – 29 – 35 – 36
         6. Needs\_Contribution: questions: 7 – 11 -14 – 22 – 30 – 33
2. study\_surv2\_c3\_part2\_c4\_5\_c6 – completion of checkpoint6 - DELETE THIS VARIABLE
3. SURVEY ACES (Childhood Trauma, 10 questions):
   1. Variables name [starting at Excel sheet- #AMZ]: c6\_aces\_survey\_1, c6\_aces\_survey\_2, c6\_aces\_survey\_3, …….., c6\_aces\_survey\_10
   2. SCORING:
      1. Each answer has 2 values: 0, 1
      2. Sum values for Aces total score (between 0-10)
4. study\_ace\_c6 – did the participants answer ACES survey- 1=yes. DELETE THIS VARIABLE.

Following variables – NO NEED FOR ANY TRANSFORMATION (may serve as mediators).

1. study\_tony\_c6
   1. Scoring: Between 1-6.
   2. \*\*\*Comment – explanation of variables below, no need to do any change\*\*
      1. No
      2. Yes, I read Tony Robbins-related books or listened to audio programs
      3. Yes, I participated in additional Tony Robbins seminars.
      4. Yes, I trained with a coach.
      5. Yes, I practiced skills learned in the seminar (e.g., priming, incantations, the Triad).
      6. Yes, I am a member of the Tony Robbins community (e.g., Facebook, Telegram, Inner Circle, etc.).
2. study\_surv\_attend\_c2\_v3\_c4\_5\_c6
   1. Scoring: Between 1-4.
   2. \*\*\*Comment – explanation of variables below, no need to do any change\*\*
      1. Every day
      2. Once to three times a week
      3. Several times a month
      4. I didn't get to practice in the last month
3. study\_surv\_health1\_c2\_v3\_c4\_5\_c6
   1. in the last month – did you have flu/cold?
   2. Scoring: 0- no, 1- Yes
4. study\_surv\_health2\_c2\_v3\_c4\_5\_c6
   1. in the last month – did you have covid?
   2. Scoring: 0- no, 1- Yes
5. study\_surv\_health3\_c2\_v3\_c4\_5\_c6
   1. in the last month – did you have seasonal or acute illness?
   2. Scoring: 0- no, 1- Yes
6. study\_surv\_health4\_c2\_v3\_c4\_5\_c6
   1. in the last month – did you have covid?
   2. Scoring: Text (string, for people who answered yes in previous question)